

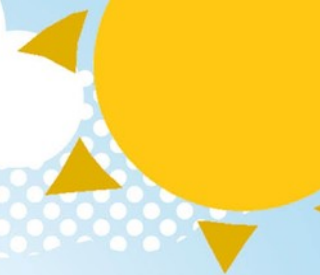


Taylor Shaw

Seeing food differently

Spring/Summer 2021 Menu - Week One

Consett Junior School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Minced Beef with Yorkshire Pudding, Gravy and Creamed Potato	Chicken Chow Mein with Noodles	Baked Pork Steak with Wholegrain Rice and Barbeque Sauce	Homemade Cheese and Onion Pie with Roasted New Potatoes	Lightly Battered Fish with Tomato Sauce and Chips
Macaroni Cheese (v) with Crispy Croutons	Wholemeal Cheese and Tomato Pizza (v) with Half Jacket Potato	Quorn and Vegetable Crispy Taco (v) with Shredded Lettuce, Salsa and Jacket Wedges	Tomato and Basil Pasta (v) with Garlic Bread	Vegetable Burritos (v) and Brown Rice
Baked Jacket Potato with a filling of Tuna Mayonnaise	Baked Jacket Potato with a filling of Margherita Sauce	Baked Jacket Potato with a filling of Baked Beans	Baked Jacket Potato with a filling of grated Cheddar Cheese	Baked Jacket Potato with a filling of Tuna Mayonnaise
Freshly made sandwich with a filling of Ham	Freshly made sandwich with a filling of Tuna Mayonnaise	Freshly made sandwich with a filling of grated Cheddar Cheese	Freshly made sandwich with a filling of Ham	Freshly made sandwich with a filling of grated Cheddar Cheese
Spring Cabbage Sweetcorn Niblets Fresh Salad Selection	Spaghetti Hoops Sweet Garden Peas Fresh Salad Selection	Sweetcorn Niblets Green Beans Fresh Salad Selection	Broccoli Florets Sliced Carrots Fresh Salad Selection	Baked Beans Sweet Garden Peas Fresh Salad Selection
Homemade Lemon Drizzle Cake	Frozen Strawberry Ice with Apple Slices	Freshly Baked Ginger Biscuit and Orange Wedges	Homemade Peach Shortcake with Custard	Chocolate and Pear Sponge with Chocolate Drizzle

Available Daily

**Salad Selection, Fresh Bread Selection, Fresh Fruit and Yoghurts.
Drinking water will be served with every meal.**



Seafood with this mark comes from an MSC certified sustainable fishery www.msc.org

MSC-C- 50236





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Spring/Summer 2021 Menu - Week Two

Consett Junior School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta Bolognese with Garlic Bread	Chicken Parmo with Baked New Potatoes	Roast Pork with Gravy Roast Potatoes	Chicken Pie with Gravy and Mashed Potato	Fish Fingers with Chips and Tomato Sauce
Homemade Cheese and Onion Quiche (v) with Baked Potato Wedges	Spanish Omelette (v) with Peppers and Potatoes and Crusty Bread	Wholemeal Cheese and Tomato Pizza (v) Roast Potatoes	Baked Bean Lasagne (v) with Chunky Bread	Vegetarian Sausage (v) with a soft roll, Chips and Tomato Sauce
Baked Jacket Potato with a filling of Tuna Mayonnaise	Baked Jacket Potato with a filling of grated Cheddar Cheese	Baked Jacket Potato with a filling of Margherita Sauce	Baked Jacket Potato with a filling of Tuna Mayonnaise	Baked Jacket Potato with a filling of Baked Beans
Freshly made sandwich with a filling of grated Cheddar Cheese	Freshly made sandwich with a filling of Tuna Mayonnaise	Freshly made sandwich with a filling of Ham	Freshly made sandwich with a filling of grated Cheddar Cheese	Freshly made sandwich with a filling of Egg and Cress
Cauliflower Florets Sweet Garden Peas Fresh Salad Selection	Green Beans Sliced Carrots Fresh Salad Selection	Sweetcorn Niblets Broccoli Florets Fresh Salad Selection	Sliced Carrots Mixed Vegetables Fresh Salad Selection	Sweet Garden Peas Baked Beans Fresh Salad Selection
Lemon and Courgette Cake	Chocolate Crispy Cake	Toffee Ice with Banana Slices	Cheese and Biscuits with Apple or Iced Chocolate Cake	Homemade Oat Flapjack with Custard

Available Daily

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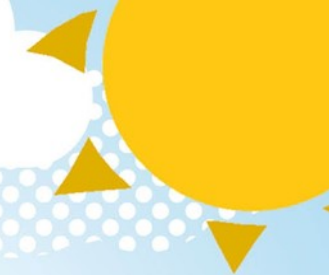


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Spring/Summer 2021 Menu - Week Three

Consett Junior School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Corned Beef Pie with Gravy and New Potatoes	Creamy Chicken Curry with Wholegrain Rice	Roast Gammon Loin with Roast Potatoes	Spaghetti Bolognese	Lightly Battered Fish with Tomato Sauce and Chips
Baked Omelette (v) with New Potatoes	Wholemeal Cheese and Tomato Pizza (v) with Baked Jacket Wedges	Cheesy Pasta bake (v) with Garlic Bread	Vegetarian Sausage in a Bun (v) with Baked Jacket Wedges and Tomato Sauce	Creamy Savoury Vegetable Pie (v) with Chips
Baked Jacket Potato with a filling of Tuna Mayonnaise	Baked Jacket Potato with a filling of grated Cheddar Cheese	Baked Jacket Potato with a filling of Baked Beans	Baked Jacket Potato with a filling of grated Cheddar Cheese	Baked Jacket Potato with a filling of Baked Beans
Freshly made sandwich with a filling of grated Cheddar Cheese	Freshly made sandwich with a filling of Ham	Freshly made sandwich with a filling of Tuna Mayonnaise	Freshly made sandwich with a filling of Ham	Freshly made sandwich with a filling of grated Cheddar Cheese
Broccoli Florets Garden Sweet Peas Fresh Salad Selection	Sweetcorn Niblets Spaghetti Hoops Fresh Salad Selection	Sliced Carrots Broccoli Florets Fresh Salad	Spring Cabbage Sweetcorn Niblets Fresh Salad Selection	Sweet Garden Peas Baked Beans Fresh Salad Selection
Chocolate Crunch with Custard	Shortbread with a glass of fresh Milk	Freshly baked Oat Cookie with Water Melon	Carrot Cake	Chilled Fruit Jelly

Available Daily

Salad Selection, Fresh Bread Selection, Fresh Fruit and Yoghurts.

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