

WEEK 1





Monday Tuesday Wednesday **Thursday Friday**

Hot Main Dish

Alternative Dish

> **Third** Choice

Salads

Deli Choice

Vegetables

Desserts

Meatballs Mashed Potato Gravy V	All Day Breakfast with Bacon Potato Wedges	Roast Chicken Yorkshire Puddings Roast Potatoes Gravy	Mince and Dumplings New Potatoes	Chicken Goujons with Potato Wedges
Cheese Wrap ** Vegetable Sticks	All Day Breakfast with Veggie Sausage Potato Wedges	Vegetable Pie Roast Potatoes Gravy	Risotto with Homemade Garlic Bread V	Quorn Bites with Potato Wedges
Pasta Carbonara	Jacket Potato With Baked Beans V	Tomato Pasta V	Jacket Potato with Cheesy Coleslaw	Macaroni Cheese
		Fresh Salads		

Freshly made Sandwiches, Rolls & Wraps

Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads

Carrots	Sweetcorn	Carrots	Broccoli	Baked Beans
Peas 🍑	Broccoli	Cabbage	Sweetcorn	Peas
Vanilla Ice-Cream	Chocolate Sponge with Chocolate custard	Jelly with Fruit Slices	Apple Crumble Custard	Orange, Sultana and Carrot Slice Custard*

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily















WEEK 2





Monday

Tuesday

Wednesday

Thursday

Friday

Hot Main Dish

Alternative Dish

Third Choice

Salads

Deli Choice

Vegetables

Desserts

Veggie Pasta Bolognese ** Tomato Bread Twist	Sticky Chicken Noodles	Roast Pork Roast Potatoes Gravy	Minced Beef Pie New Potatoes Gravy	Fish Fingers and Chips
Margarita Pizza with Vegetable Sticks	Cheese and Onion Pasty with Potato Wedges	Shepherdess Pie Gravy	Spanish Tortilla	Quorn Bites and chips
Jacket Potato with Cheese	Pasta Carbonara	Jacket Potato with Tuna and Cucumber	Tomato Pasta V	Jacket Potato with Beans
	Including Lettuce, (Fresh Salads Cucumber, Tomato, Grated Carr	rot & Mixed Salads	

Freshly made Sandwiches, Rolls & Wraps

Carrot Sticks Cucumber Sticks	Peas Broccoli	Carrots Cabbage	Parsnip Sweetcorn	Baked Beans Peas
Flapjack and fruit slice	Peach shortbread pudding* and custard	Raspberry Yogurt cake with Custard	Cocoa Finger and Orange Wedge*	Sponge Cake and custard

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily















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WEEK 3

with Cheese and

Tomatoes





Beans

(V)

Hot Main Dish

Alternative Dish

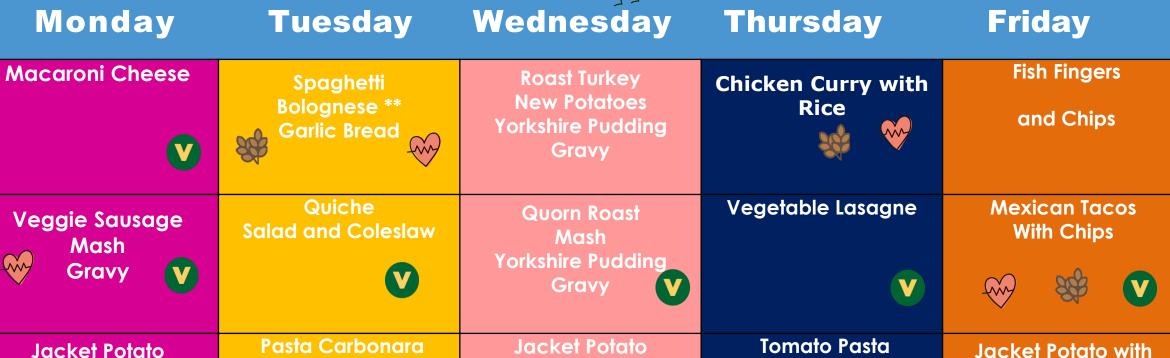
Third Choice

Salads

Deli Choice

Vegetables

Desserts





Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads

Freshly made Sandwiches, Rolls & Wraps

with

Salmon Mayo

Peas	Sweetcorn	Carrots	Mixed Vegetables Sweetcorn	Baked Beans
Carrots	Broccoli	Cabbage		Peas
Oatie Biscuit and Fruit Slices*	Pear Upside Down Cake and Custard*	Strawberry Ice- Cream	Jam sponge with Custard	Banana and Apricot flapjack* with Custard

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



Vegetarian



Nutritionists Choice









