



Skills

Invasion Games Progression Ladder

(invasion, handball, netball, basketball, football, tag rugby and hockey)



Sending & receiving: s&r consistently using a range of techniques with increasing control under pressure.

Dribbling: dribble consistently using a range of techniques with increasing control under pressure.

Space: move to the correct space when transitioning from attack to defence or defence to attack and create and use space for self and others.

Attacking: confidently change direction to lose an opponent

Defending: use a variety of defending skills (tracking, interception, jockeying) in game situations.

Sending & receiving: develop control when s&r under pressure.

Dribbling: dribble with some control under pressure.

Space: explore moving to create space for themselves and others in their team.

Attacking: use a variety of techniques to lose an opponent e.g. change of direction or speed.

Defending: develop tracking and marking with increased success. Explore intercepting a ball using one and two hands.

Sending & receiving: develop passing techniques appropriate to the game with increasing success. Catch a ball using one and two hands and receive a ball with feet/object with increasing success.

Dribbling: link dribbling the ball with other actions and change direction whilst dribbling with some control.

Space: develop moving into space to help my team.

Attacking: change direction to lose an opponent with some success.

Defending: develop defending one on one and begin to intercept.



Sending & receiving: explore s&r abiding by the rules of the game.

Dribbling: explore dribbling the ball abiding by the rules of the game under some pressure.

Space: develop using space as a team.

Attacking: develop movement skills to lose a defender. Explore shooting actions in a range of invasion games.

Defending: develop tracking opponents to limit their scoring opportunities.

Sending & receiving: developing s&r with increased control.

Dribbling: explore dribbling with hands and feet with increasing control on the move.

Space: explore moving into space away from others.

Attacking: developing moving into space away from defenders.

Defending: explore staying close to other players to try and stop them getting the ball.



Sending & receiving: explore s&r with hands and feet to a partner.

Dribbling: explore dribbling with hands and feet.

Space: recognise good space when playing games.

Attacking: explore changing direction to move away from a partner.

Defending: explore tracking and moving to stay with a partner.



Sending & receiving: explore s&r with hands and feet using a variety of equipment.

Dribbling: explore dropping and catching with two hands and moving a ball with their feet.

Space: recognise their own space.

Attacking & defending: explore changing direction and tagging games.

Year
6

Sending & receiving: understand and make quick decisions about when, how and who to pass to.

Dribbling: choose the appropriate skill for the situation under pressure e.g. a V dribble in basketball to keep the ball away from a defender.

Space: understand that transitioning quickly between attack and defence will help my team to maintain or gain possession.

Tactics: know how to create and apply a tactic for a specific situation or outcome.

Rules: understand, apply and use rules consistently in a variety of invasion games whilst playing and officiating.

Year
5

Sending & receiving: know that not having a defender between myself and a ball carrier enables me to s&r with better control.

Dribbling: know that dribbling in different directions will help to lose a defender.

Space: know that by moving to space even if not receiving the ball will create space for a teammate.

Tactics: understand the need for tactics and identify when to use them in different situations.

Rules: understand and apply rules in a variety of invasion games whilst playing and officiating.



Year
4

Sending & receiving: know that cushioning a ball will help me to control it when receiving it.

Dribbling: know that protecting the ball as I dribble will help me to maintain possession.

Space: know that moving into space will help my team keep possession and score goals.

Attacking: recognise when to pass and when to shoot.

Defending: know when to mark and when to attempt to win the ball.

Tactics: know that applying attacking tactics will help to maintain possession and score goals. Know that applying defending tactics will help to deny space, gain possession and stop goals.

Rules: know and understand the rules to be able to manage our own game.

Year
3

Sending & receiving: know that pointing my hand/foot/stick to my target on release will help me to send a ball accurately.

Dribbling: know that dribbling is an attacking skill which helps us to move towards a goal or away from defenders.

Space: know that by spreading out as a team we move the defenders away from each other.

Attacking and defending: know my role as an attacker and defender.

Tactics: know that using simple tactics will help my team to achieve an outcome e.g. we will each mark a player to help us to gain possession.

Rules: know the rules of the game and begin to apply them.

Year
2

Sending & receiving: know to control the ball before sending it.

Dribbling: know that keeping my head up will help me to know where defenders are.

Space: know that moving into space away from defenders helps me to pass and receive a ball.

Attacking: know that when my team is in possession of the ball, I am an attacker and we can score.

Defending: know that when my team is not in possession of the ball, I am a defender and we need to try to get the ball. Know that standing between the ball and the attacker will help me to stop them from getting the ball.

Tactics: understand and apply simple tactics for attack and defence.

Rules: know how to score points and follow simple rules.

Year
1

Sending & receiving: know to look at my partner before sending the ball.

Dribbling: know that moving with a ball is called dribbling.

Space: understand that being in a good space helps us to pass the ball.

Attacking: know that being able to move away from a partner helps my team to pass me the ball.

Defending: know that staying with a partner makes it more difficult for them to receive the ball.

Tactics: know that tactics can help us when playing games.

Rules: know that rules help us to play fairly.

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Sending & receiving: know to look at the target when sending a ball and watch the ball to receive it.

Dribbling: know that keeping the ball close will help with control.

Space: know that being in a space gives me room to play.

Attacking & defending: know that there are different roles in games.

Tactics: make simple decisions in response to a task.

Rules: know that rules help us to stay safe.