


















































SPRING/SUMMER 2025 MENU









WEEK 1 CONSETT JUNIOR SCHOOL

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Pasta  	Chicken Korma with Wholegrain Rice  	Roast Chicken with Roast Potatoes and Gravy 	Classic Beef Burger with Potato Wedges 	Breaded Fish Fingers with Chips 
	OPTION 2	Chinese Vegetable Rice 	Macaroni Cheese 	Quorn Roast with Roast Potatoes and Gravy 	Cheese and Onion Pie with Potato Wedges 	Crispy Quorn Nuggets with Chips 
	OPTION 3	Jacket Potato with Salmon Mayonnaise    	Jacket Potato with Baked Beans  	Jacket Potato with Cheese  	Jacket Potato with Tuna Mayonnaise  	Jacket Potato with Baked Beans   
DELI	OPTION 4	Cheese Sandwich   	Tuna & Cheese Panini   	Ham Sandwich   	Cheese Panini  	Ham Sandwich   

ALL DISHES ARE SERVED WITH CRUNCHY VEGETABLES AND / OR FRESH SALAD

VEG	Coleslaw Green Beans 	Sweetcorn Garden Peas 	Carrots Broccoli 	Sweetcorn Cabbage 	Baked Beans Garden Peas 
DESSERT	Chocolate Ice Cream	Orange Jelly with Fruit  	Berry Blondie 	Ginger Biscuit with Fruit  	Strawberry Wibble Mousse

AVAILABLE DAILY
Fresh Fruit, Freshly Baked Bread, Yoghurt and Water

 Vegetarian  Wholegrain  Nutritionist's choice  Oily fish  Fruity!  Vegan



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

SPRING/SUMMER 2025 MENU



WEEK 2 CONSETT JUNIOR SCHOOL

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges 	Butter Chicken Curry with Wholegrain Rice 	Roast Gammon with New Potatoes and Gravy 	Pasta Carbonara 	Southern Fried Chicken with Chips
	OPTION 2	Spicy Pepper Pasta 	Veggie Burrito 	Quorn Roast with New Potatoes and Gravy 	Vegetarian Cottage Pie with Gravy 	Vegetarian Burger with Chips
	OPTION 3	Jacket Potato with Cheese 	Jacket Potato with Baked Beans 	Jacket Potato with Cheese 	Jacket Potato with Tuna Mayonnaise 	Jacket Potato with Baked Beans
DELI	OPTION 4	Cheese Sandwich 	Tuna & Cheese Panini	Ham Sandwich	Cheese Panini 	Ham Sandwich

ALL DISHES ARE SERVED WITH CRUNCHY VEGETABLES AND / OR FRESH SALAD

VEG	Sweetcorn Green Beans 	Garden Peas Carrots 	Cabbage Sweetcorn 	Green Beans Carrots 	Garden Peas Baked Beans
DESSERT	Vanilla Ice Cream	Strawberry Jelly with Fruit 	Chocolate Crunch	Flapjack with Fruit 	Caramel Wibble Mousse

AVAILABLE DAILY
Fresh Fruit, Freshly Baked Bread, Yoghurt and Water

- Vegetarian
- Wholegrain
- Nutritionist's choice
- Oily fish
- Fruity!
- Vegan











































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SPRING/SUMMER 2025 MENU









WEEK 3 CONSETT JUNIOR SCHOOL

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Pasta  	Beef Meatballs with Wholemeal Pasta  	Roast Chicken with Roast Potatoes and Gravy 	Minced Beef and Onion Pie with Mashed Potatoes and Gravy 	Breaded Fish Fingers with Chips 
	OPTION 2	Chinese Vegetable Noodles 	Sticky BBQ Fillet with Wholegrain Rice 	Macaroni Cheese 	Cheese and Tomato Quiche 	Crispy Quorn Nuggets with Chips 
	OPTION 3	Jacket Potato with Cheese   	Jacket Potato with Baked Beans    	Jacket Potato with Cheese  	Jacket Potato with Tuna Mayonnaise  	Jacket Potato with Baked Beans   
DELI	OPTION 4	Cheese Sandwich   	Tuna & Cheese Panini   	Ham Sandwich   	Cheese Panini  	Ham Sandwich   

ALL DISHES ARE SERVED WITH CRUNCHY VEGETABLES AND / OR FRESH SALAD

VEG	Coleslaw Sweetcorn 	Cabbage Green Beans 	Carrots Garden Peas 	Sweetcorn Broccoli 	Baked Beans Garden Peas 
DESSERT	Strawberry Ice Cream	Lemon Cookie with Fruit  	Chocolate Fudge Cake	Fruits of the Forest Jelly with Fruit  	Crunchy Chocolate Mousse

AVAILABLE DAILY
Fresh Fruit, Freshly Baked Bread, Yoghurt and Water

 Vegetarian  Wholegrain  Nutritionist's choice  Oily fish  Fruity!  Vegan



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